

INDIVIDUAL BOXED MEALS



- ✓ **no minimums required (except for hot sandwiches)**
- ✓ **convenient, grab-and-go packaging**
- ✓ **personalized to your choice**
- ✓ **always prepared fresh**
- ✓ **mix and match cold and hot options**
- ✓ **less food waste**
- ✓ **no sharing off communal platters**
- ✓ **hot options served in microwavable containers, freeze and reheat for the next days.**
- ✓ **nice idea if you would like a meal plan for employees working remotely or for office meetings with few attendees or large group**
- ✓ **if you don't find the item you are looking for, please tell us**



COLD OPTIONS

SANDWICH & SALAD COMBO

Pepperberry Boxed Meal

Sandwich or Wrap + Salad

\$16.95

Sandwich/Wrap Choices (can be regular bread/wrap, gluten-free rice paper wraps or gluten-free bread):

- Turkey
- Tuna
- Pesto Chicken
- Chicken Bacon Club
- Smoked Salmon Avocado
- Turkey Hummus & Feta
- Ham & Brie
- Roasted Veggies with Hummus
- California Vegetarian with Mango & Avocado
- Chipotle Beef
- Egg Salad

Salad Choices:

- Seasonal Garden Salad
- Traditional Greek Salad
- Traditional Caesar Salad
- German Potato Salad
- Penne Pesto Salad
- Quinoa Salad

Add the following to your boxed meal:

- Chips \$2.00
- Fruit Salad Cups \$5.95
- Cookie OR Brownie \$3.00
- Gluten-Free Cookie OR Gluten-Free Brownie \$4.00
- Individual Yogurt \$2.25
- Whole Fruit \$2.00
- Pop/Water/Juice/Coconut Water \$3.00
- Perrier - Small \$3.55/Large \$8.35
- San Pellegrino - \$4.75
- San Felice - Still \$5.00/Carbonated \$5.50

BUILD-YOUR-OWN SALAD

A. Choose your salad

Pepperberry Seasonal Garden Salad

Mixed field greens, spinach, cucumber, tomato, and carrots, served with our house balsamic vinaigrette

\$7.55

Energy Burst Salad

Kale, spinach, mixed greens, mango, avocado, carrots, and goat cheese served with balsamic vinaigrette

\$10.95

Pepperberry

19 Waterman Ave, Suite 106, Toronto, ON, M4B 1Y2

order@pepperberry.ca

416-497-3888

www.pepperberry.ca

INDIVIDUAL BOXED MEALS



Traditional Greek Salad

Iceberg lettuce, tomato, cucumber, red onions, kalamata olives and feta cheese served with our house lemon and oregano vinaigrette

\$8.75

Traditional Caesar Salad

Romaine lettuce, home made croutons, real bacon bits with fresh grated parmesan cheese served with our homemade creamy Caesar dressing

\$8.75

Cobb Salad

Mixed field greens with Romaine lettuce, bacon, hard-boiled egg, cheddar cheese, tomato, avocado, crumbled blue cheese, chives, and grilled chicken served with grainy raspberry vinaigrette.

\$13.95



B. Add your meat

6 oz Grilled Beef Striploin **\$6**

Maple Soy Roasted Tofu **\$4**

5oz Lemon Herb Grilled Chicken **\$5**

5oz Pesto Roasted Salmon **\$6**

HOT OPTIONS

VEGETARIAN

Aloo Gobi (vegan &/or gluten-free)

Potato, cauliflower, chickpeas, sweet pepper, and grilled mango in light Indian curry broth finished with coriander. Served with Basmati rice and naan.

\$16.95

Spicy Salt and Pepper Crispy Tofu (vegan &/or gluten-free)

Crispy firm tofu, house spiced salt blend, vegetables, and rice noodles in tamarind glaze.

\$16.95

Vegetarian Cassoulet, Roasted Portabelo, Fine Herbs

Served with roasted baguette.

\$15.95

Moroccan Style Tagine with Chickpeas (vegan &/ gluten-free)

\$16.95

BEEF

Beef Souvlaki

Tenderloin tips on skewer marinated with our homemade spices, served with grilled zucchini, tzatziki, pita, & your choice of rice OR roasted potatoes. 2 skewers per person.

\$22.95

Beef Stroganoff

Tender chunks of seasoned beef, sauteed onions and juicy mushrooms, enveloped in a rich paprika demi, finished with a touch of sour cream. Accompanied by your choice of buttered egg noodles OR steamed rice.

\$21.35

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Italian Meatballs

All beef meatballs served with pasta in our traditional red sauce.

\$16.95

Barbacoa Brisket Taco Platter

Slow braised and pulled brisket in a succulent barbacoa sauce, white bean, onion, and bell pepper saute. Comes with lime, coriander, rice, flour tortilla, and salsa.

\$20.15

CHICKEN

Boneless Hunter Style Chicken (Chasseur)

Chicken supreme braised with tomato, brown veal stock, button mushrooms, white wine and tarragon. Served with roasted Yukon gold potato puree.

\$20.15

Chicken Souvlaki

Chicken breast tips in a skewer marinated with our homemade spices, served with grilled zucchini, tzatziki, pita, & your choice of rice OR roasted potatoes. 2 skewers per person.

\$18.95

Nashville Hot Chicken

Buttermilk marinated and spiced chicken, house mac and cheese, bread and butter pickle, Pepperberry Red Cabbage Slaw and butter biscuit.

\$22

Thai Red Curry Chicken with Coconut (Spicy)

Boneless chicken marinated with Thai red curry and hint of light coconut cream, lemongrass, Thai basil, sweet pepper, and zucchini. Served with steamed jasmine rice.

\$18.95

SEAFOOD

Cajun Tilapia

Blackened tilapia fillet with coriander lime compound butter, and corn bell pepper succotash. Served with rice.

\$20.15

Spiced Mango Tamarind Shrimp (gluten-free)

Black Tiger shrimps in house tamarind sauce, Thai chilis, mango salsa, and bok choy bell pepper saute. Served with rice noodles OR rice. 6 pieces shrimp per person.

\$23.75

Salmon with Lemon & Dill

Salmon fillet seasoned with lemon & dill. Served with baby spinach and roasted baby potato.

\$22.55

Salmon Teriyaki

Sauteed with our teriyaki sauce and julienned vegetables, served with rice.

\$22.55



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HOT SANDWICHES

1 sandwich PP (2 halves) \$13.95 PP (min 10 - min 5 per type)



Hoisin Beef and Brie with Mushroom

Shaved striploin sauteed with mushroom and onions in house hoisin sauce, topped with brie and jalapeno aioli.

BBQ Brisket

Slow braised brisket in house BBQ sauce, sauteed with mushrooms, onion crisps, and melted cheddar cheese.

Chicken Parmesan Sandwich

Italian classic, lightly breaded topped in our marinara sauce and finished with mozzarella cheese, and banana peppers.

Nashville Hot Chicken Sandwich

Buttermilk marinated with crispy, house purple slaw, and sweet pickle.

Grilled Chicken

Herb marinated chicken with roasted peppers, baby spinach, and tomato chutney finished with pesto aioli.

Roast Jerk Porkloin and Grilled Pineapple

Days marinated and slow roasted pork loin, grilled pineapple, roast pepper, tomato, honey mustard, and slaw.

Cubano Pulled Pork

Annato pulled pork, shaved smoked ham, gruyere cheese, honey mustard, and dill pickle.

Eggplant Parmesan Sandwich

Lightly breaded eggplant served with melted mozzarella cheese and our marinara sauce.

Roasted Red Peppers, Eggplant and Zucchini Sandwich

Roasted red peppers, eggplant, zucchini, with house made basil pesto and melted mozzarella cheese.

Tempura Tilapia Sandwich

Golden crisp tilapia filet, shredded lettuce, tomato, pickle, and lime wasabi mayo.

BBQ Salmon

Oven roasted salmon filet in our house BBQ blend, avocado mousse, pickled cucumber, and citrus dill yogurt.

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